

Frozen ARUNDelle						
24th November 2019						
50km						
Number	First Name	Surname	Distance	Time	MPH	Age Group
20	Ben	Bliss	31.1	04:14:54	7.3	20 to 34
90	Dean	Horton	31.1	04:14:54	7.3	20 to 34
151	John	Payne	31.1	04:17:54	7.3	34 to 49
6	Will	Alexander	31.1	04:18:19	7.2	34 to 49
152	Richard	Pedrick	31.1	04:20:06	7.2	34 to 49
190	Shelley	Tomkins	31.1	04:44:59	6.6	20 to 34
38	David	Clyde	31.1	05:01:00	6.2	50 to 64
207	Darren	Woollard	31.1	05:14:22	5.9	34 to 49
2	Barrett	Abernethy	31.1	05:21:10	5.8	34 to 49
104	matthew	knight	31.1	05:35:58	5.6	34 to 49
16	Sue	Bennett	31.1	05:59:49	5.2	50 to 64
188	Paul	Thompson	31.1	06:00:18	5.2	34 to 49
176	Anne	Slater	31.1	06:04:43	5.1	20 to 34
96	Steven	Jackson	31.1	06:12:46	5.0	50 to 64
86	David	Heal	31.1	06:32:13	4.8	50 to 64
66	April	Fost	31.1	06:33:54	4.7	20 to 34